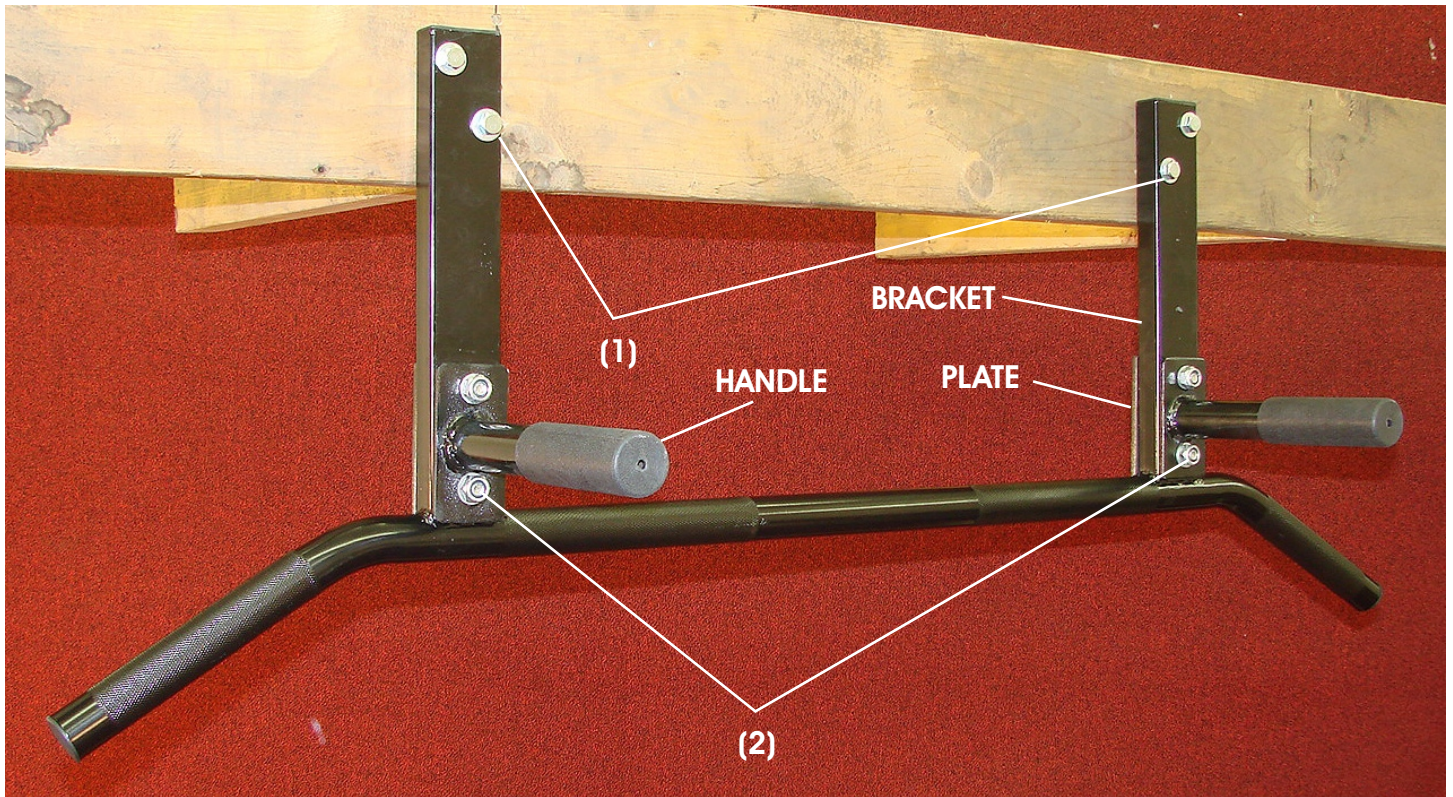


C 0520B-SPL

JOIST MOUNT CHIN UP BAR - SPECIAL



MOUNTING INSTRUCTIONS:

1. HOLD BRACKET AGAINST BEAM (JOIST) AND MARK HOLE LOCATIONS. MAKE SURE BAR IS LEVEL. DRILL (4) 7/16" DIA HOLES. MOUNT WITH (4) 3/8" X 3" BOLTS, (8) 3/8" FLAT WASHERS AND (4) 3/8" LOCK NUTS.

2. ATTACH (2) HANDLES TO (2) BRACKETS USING (2) PLATES, (4) 3/8" X 2 1/2" BOLTS, (8) 3/8" FLAT WASHERS AND (4) 3/8" LOCK NUTS.

HARDWARE:

(4) 3/8" X 2" BOLTS
(4) 3/8" X 3" BOLTS
(16) 3/8" FLAT WASHERS
(8) 3/8" LOCK NUTS

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TDS FITNESS EQUIPMENT